Press Release

2025: The Year in Regulation

ALLIE WATSON | JANUARY 9, 2026

In a new retrospective, Director of Regulatory Policy Dan Goldbeck reviews the costs, paperwork burdens, and trends of the Trump Administration's regulatory policy in 2025.

Key points:

- *Federal agencies collectively finalized $129.7 billion in net regulatory cost savings and 50.9 million hours in paperwork reductions in 2025, making it the most deregulatory calendar year recorded in RegRodeo.*
- *While only two actions accounted for most of those totals, the renewed regulatory budget program under Executive Order (EO) 14192 largely constrained new costs; that EO and proposed rulemakings currently under development are set to bring even more dramatic cost reductions over the next year or so.*
- *The first year of the second Trump term also brought a nearly unprecedented level of EOs and an aggressive push to re-orient typical regulatory procedures – the implications of which remain largely unknown.*

Read the analysis.