New research by the American Action Forum (@AAF) examines premium information under the Affordable Care Act (ACA) and finds that both the benchmark Silver plan and the lowest cost Bronze plan will increase by 10 percent in 2016. Other key findings from the research include:

- Premiums for those eligible for subsidies increased by 6.7 percent
- Average benchmark premiums increased by 13 percent in areas with only 2 insurers
- Average employer sponsored insurance market premiums will increase by 6 percent

Click here to read the research.